TREATMENT OF STAGE I PRESSURE ULCERS WITH HYPEROXGENATED FATTY ACIDS (LINOVERA®)

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CASE I

**General information:** 100-year-old woman.

**Relevant medical history:** High blood pressure, heart disease and depressive syndrome.

**Drugs taken:** Vasopressors

**Characteristics of the lesion:** Stage I sacral ulcer, located in the sacrum with prior 24-hour development.

**Treatment and general condition:** Patient has mixed incontinence and wears incontinence pads. She is confined to a bed and chair, spending 13 hours a day lying down and 11 hours a day sitting down. Changes in position are carried out every 3 hours while she is in bed and there were no changes in position during the period when she was sitting down.
CASE I

Treatment is begun with three applications a day of Linovera® in the sacral region, the first one after the morning wash, the second one when the pad and position are changed at 4.00 pm and the last one at midnight when the pad and position are changed.
CASE II

**General information:** 77-year-old male.

**Relevant medical history:** Oligophrenia

**Drugs taken:** Neuroleptics

**Characteristics of the lesion:** Stage I pressure ulcer on heel and external malleolus.

**Treatment and general condition:** Patient needs help for all everyday activities. He is confined to a bed or chair, spending 16 hours lying down and 8 hours sitting down. Changes in position are carried out every 3 hours while he is lying down and every 2 hours during the period he is in the geriatric chair. He wears non-adhesive pressure reducer heel foam pieces (Askina Heel), as local devices for reducing the pressure on the heels.
CASE II

Treatment is begun with Linovera®, three applications a day in the area between the heel, malleolus and external lateral malleolus of the foot, the first one after the morning wash, the second one when the pad and position are changed at 4.00 pm and the last one at midnight when the pad and position are changed.
CASE III

**General information:** 95-year-old woman.

**Relevant medical history:** High blood pressure, arthrosis, kidney failure and depressive syndrome.

**Characteristics of the lesion:** Stage I sacral ulcer, located in the sacrum and both gluteus muscles, with prior 24-hour development.

**Treatment and general condition:** Total dependence for everyday activities. Patient is confined to a bed or chair, spending 16 hours lying down and 8 hours sitting down. Changes in position are carried out every 3 hours while she is lying down and every 2 hours during the period she is in a geriatric chair.
CASE III

Treatment is begun with Linovera®, three applications a day in the sacral region, the first one after the morning wash, the second one when the pad and position are changed at 4.00 pm and the last one at midnight when the pad and position are changed.

Picture after application of Linovera®

7 days’ treatment with Linovera®

Remission: Skin smooth and well-hydrated